

12th Annual Pacific Marine Credit Union O'side Turkey Trot Calendar Release

Event Name: 12th Annual Pacific Marine Credit Union O'side Turkey Trot
Tri-City Medical Center Sr. 1 Mile
Race Date: Thanksgiving Day, November 23rd
Location: Oceanside Civic Center
Address: 330 N. Coast Highway, Oceanside, CA 92054

Pre- Race Expo/Registration Jr. Seau Beach Community Center.

Bib Pick up Tues. Nov. 21 3:00 – 6:30 PM
 Wed. Nov. 22 8:00 - 1:30 PM

Wednesday **TCMC Senior 1 Mile (70 yrs. and over)**
Start at Amphitheater 8:45 AM 1 Mile Run/Walk 70 – 79 yrs.
 9:30 AM 1 Mile Run/Walk 80+ yrs.
 10:45 AM 400m Walk or Push

Thursday **Race Day Registration/ Bib Pick up**
Civic Center Parking
Structure 6:00AM – 10:45 AM

Thurs: Race Times: 6:55 AM 10K Run
Start at Civic Center 8:05 AM 5K Run Starts
 8:45 - 9 AM 5K Walk Starts

Move Your Feet Before You Eat!® 1 Mile

Start at 306 Pacific 10:10 AM 1 Mile 9 – 12 yrs.
 10:20 AM 1 Mile 7 and 8 yrs.

Tiny Turkey Trot ¼ Mile

Start at Tyson Park 10:35 AM ¼ Mile 6 yr.
 10:45 AM ¼ Mile 5 yr.
 11:00 AM ¼ Mile 4 yrs. and under

Cost: Adult Entry 5K \$36 by 11/20; \$38 by 11/22; \$42 on Race Day
 Adult Entry 10K \$38 by 11/20; \$40 by 11/22; \$45 on Race Day
 Adult 5k/10K Combo \$50 by 11/22; \$55 on Race Day

Sr. (65+) & Active Military 10K \$35 by 11/22; \$40 on Race Day
Sr. (65+) & Active Military 5K \$33 by 11/22; \$35 on Race Day
Sr./Military 10k/5k Combo \$45 by 11/22; \$50 on Race Day
Youth Entry (17 & under) \$25 by 11/22; \$30 on Race Day

Sr. Mile/400m \$30/\$35 on Race Day
Sr. Mile/5k or 10k Combo: \$40 by 11/22 and \$45 on Race Day

Beneficiary: \$5.00 from the entry fee can go to the O'side School/Non profit of
 choice or Move Your Feet Before You Eat Foundation.

Course: Course is a very fast downhill 10K/5K which starts at the Civic Center
 and finishes at the Pier area along the beach.

Race Description: Come “move your feet before you eat!®” this Thanksgiving at Oceanside’s 12th Annual Pacific Marine Credit Union O’side Turkey Trot 10k Run/ 5K run/walk and Senior 1 Mile Presented by Tri City Medical Center. Voted one of America’s top trots. Join one of America’s fastest growing Thanksgiving Traditions. There will be something for everyone; runs, walks, costume contest, largest teams competition, fabulous live entertainment on the course and finisher medals for all participants.

Website: <http://www.osideturkeytrot.com/>

Race Director: Kinane Events
www.kinaneevents.com
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